To register online or pay by credit card, please visit nsanesthesia.ca/s/apc

To pay by cash or cheque, please detach this form, complete and return to:

#### Jessica Howe

Pain Management Unit (4G) | 4th Floor, Dickson Bldg 5820 University Avenue | Halifax NS, B3H 1V7

#### Cheques must be made payable to:

DUDADF (Dalhousie University Department of Anesthesia, Pain Management & Perioperative Medicine) 490104

#### Please check Applicable Fee

	on/before Aug. 30	after Aug. 30
MD/DDS/DVS	□ \$250	□ \$300
Allied Health/Residents/RN/Other	□ \$150	□ \$180
Students	□ \$50	□ \$70

#### Participant Contact Information

Name:			
Email:			
Tel:			
Mailing .	Address:		
	,		

A complete and accurate mailing address is required for the income tax receipt. Note: Confirmation of registration is email only.

#### Concurrent Sessions Rank 1-3 in order of preference

2:30—3:45	3:45—5:00		
Cannabinoid Clinical Trials in Pain and Clinical A Endocannabinoid Deficiency	A Appropriate Prescribing in Chronic Pain		
B Complex Regional Pain Syndrome	Transitioning Pain Manage- ment in the Perioperative Setting for the Highly Opioid Tolerant Patient		
Pain During Intercourse:	Motivational Communica- tion to Support Self- Management of Chronic Pain		
D None	D None		
Dietary Requirements: Booklet Decline I do not req	uire a handout book for this program.		

In an attempt to balance concern for the environment and the value many participants attach to such material, we offer the option to decline a syllabus booklet. Subject to speaker approval, most presentations will be available on the course website nsanesthesia.ca/s/apc for a period of 3 months following the conference.

☐ I plan to attend the Social Event—Sept. 14 @ 6:30 PM

Receipts will be enclosed in the conference package. Fees apply to individuals and may not be shared between attendees. A full refund less an administration fee of \$55.00 will be made for registrations cancelled in writing by Sept. 5, 2017. No refund will be made after that date.

# **Planning Committee**

- Jill Chorney PhD, RPsych | Dept. of Anesthesia, Pain Management and Perioperative Medicine, Dalhousie University and Complex Pain Team, IWK Health Centre
- Darlene Davis RN, BScN, MN | Dept. of Anesthesia, Pain Management and Perioperative Medicine, Nova Scotia Health Authority
- Elise Sammons | Dept. of Anesthesia, Pain Management and Perioperative Medicine, Dalhousie University
- Mike Fleming BSc, MD, CCFP, FCFP, CPD | Dalhousie University
- David Flusk MD, BAO, BCh | Clinical Assistant Professor, Memorial University of Newfoundland, Dept. of Anesthesia
- Katherine Harman PR, PhD | Physiotherapy, Dalhousie University
- Jessica Howe | Dept. of Anesthesia, Pain Management and Perioperative Medicine, Nova Scotia Health Authority
- Karim Mukhida MD, PhD, FRCPC | Dept. of Anesthesia, Pain Management and Perioperative Medicine, Nova Scotia Health Authority
- Mary E. Lynch MD, FRCPC | Dept. of Anesthesia, Pain Management and Perioperative Medicine, Dalhousie University
- Stuart Wright MD, FRCPC | Pediatric Pain Management, IWK Health Centre
- Calvin Powell MD | Powell Family Medical, Bay Roberts NL
- Kwesi Kwofie MD, FRCPC | Director of Acute Pain and Regional Anesthesia at Dalhousie University
- Ronald George MD, FRCPC | Associate Medical Director of Research with the Department of Anesthesia, Pain Management, and Perioperative Medicine



This program was supported in part by educational grants provided by:

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Delta St. John's Hotel & Convention Centre

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Supported By: Pain Services (Central Zone) Nova Scotia Health Authority & Dalhousie University Department of Anesthesia, Pain Management and Perioperative Medicine.

Educationally cosponsored by Dalhousie University Continuing Professional Development



FACULTY OF MEDICINE Department of Anesthesia, Pain Management and Perioperative Medicine



PAIN CONFERENCE

# **EVENT DETAILS**

## **OVERVIEW**

This Program provides an update on pain management for physicians, nurses, physiotherapists, psychologists and health care professionals who have an interest in chronic pain.

The objective is to cover an intensive curriculum within a short period of time. The program will give the clinician an appreciation of the importance of taking an interdisciplinary approach as well as provide updates on key areas of pain management.

#### TOPICS INCLUDE

- Endocannabinoid System and Cannabinoid Analgesia
- Moving Forward with Fibromyalgia
- How Does the Treatment of Chronic Pain in Children Differ from Adults
- Pain in Older Adults
- Appropriate Prescribing in Chronic Pain
- Complex Regional Pain Syndrome
- Pain During Intercourse: a couples' perspective
- Cannabinoid Clinical Trials in Pain, and Clinical Endocannabinoid Deficiency
- Transitioning Pain Management in the Perioperative Setting for the Highly Opioid Tolerant Patient
- Motivational Communication to Support Self-Management in Pain

#### **ACCOMMODATION**

Delta St. John's Hotel & Convention Centre

120 New Gower St , St. John's NL, A1C 6K4 (709) 739-6404 | deltahotels.com

A block of rooms for the Atlantic Pain Conference will be held at the rate of \$199.00/night until August 14, 2017 after which it will increase to the best rate of the day and will be subject to availability.

#### **INFORMATION**

Conference Coordinator Jessica Howe

Jessica.Howe@nshealth.ca | (902) 473-6428

### **SOCIAL EVENT**

Thursday Sept. 14, 2017 - 6:30 PM O'Reilly's Irish Newfoundland Pub - 13 George St. www.oreillyspub.com

Join fellow conference attendees for live music, appetizers, and drinks at this social networking event!

### **SPEAKERS**

Dr. Ethan Russo MD, PSYTECHS
Dr. Mary E. Lynch MD, FRCPC, Dalhousie University
Kathy Simmons Reg. PT, BSc.PT, CAFCI, Eastern Health
Jill Seviour BSc, Eastern Health
Dr. Stuart Wright MD, FRCPC, IWK Health Centre
Shelley Lowther RN, MN, IWK Health Centre
Dr. Kim Babb BN, MD, FRCPC, Eastern Health
Dr. Susan Mercer MD, Eastern Health
Dr. John Fraser MD, Nova Scotia Health Authority
Dr. David Flusk MD, BAO, BCh, Memorial University
Michael Sangster, BSc(PT) MBA, IWK Health Centre
Dr. Natalie O. Rosen Ph.D., R. Psych, Dalhousie University
Lynn Langille RN, Nova Scotia Health Authority
Paula Hammond RN, Nova Scotia Health Authority
Dr. Jill Chorney PhD, RPsych, IWK Health Centre

## STUDY CREDITS

This group learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Dalhousie University Continuing Professional Development Office for up to 7.00 Mainpro+ credits. As an accredited provider, Dalhousie University, CPD, designates this continuing professional development activity for up to 7.00 credit hours as an accredited group learning Section 1 activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

In keeping with CMA Guidelines, program content and selection of speakers are the responsibility of the planning committee. Support is directed toward the costs of the course and not to individual speakers through an unrestricted educational grant.

# **September 15, 2017**

7:00—8:00 Registration and Breakfast

8:00—8:15 Welcoming Remarks, Introduction and Overview

- Dr. Mary Lynch

# Morning Chair—Dr. David Flusk

8:15-9:30 The Endocannabinoid System and

Cannabinoid Analgesia

- Dr. Ethan Russo and Dr. Mary Lynch

9:30-10:30 Moving forward with Fibromyalgia

- Kathy Simmons and Jill Seviour

10:30-11:00 Break

11:00-12:00 How Does the Treatment of Chronic Pain in

Children Differ from Adults

- Dr. Stuart Wright, Shelley Lowther & Michael Sangster

12:00 – 1:00 Lunch

## Afternoon Chair—Dr. Calvin Powell

1:00-2:15 Pain in Older Adults

- Dr. Kim Babb and Dr. Susan Mercer

2:15 – 2:30 Stretch Break

### **Concurrent Sessions**

2:30 – 3:45 A. Cannabinoid Clinical Trials in Pain, and Clinical Endocannabinoid Deficiency

- Dr. Ethan Russo

B. Complex Regional Pain Syndrome

- Dr. Stuart Wright & Michael Sangster

C. Pain During Intercourse: a couples' perspective

- Dr. Natalie Rosen

3:45-5:00 A. Appropriate Prescribing in Chronic Pain

- Dr. John Fraser and Dr. David Flusk

B. Transitioning Pain Management in the Perioperative Setting for the Highly Opioid Tolerant Patient

- Lynn Langille & Paula Hammond

C. Motivational Communication to Support Self-Management in Pain

- Dr. Jill Chorney