

ATLANTIC PAIN CONFERENCE 2016



Friday, October 14, 2016

World Trade & Convention Centre
1800 Argyle Street, Halifax, Nova Scotia

Supported by: Pain Services, Nova Scotia Health Authority & Dalhousie University Department of Anesthesia, Pain Management & Perioperative Medicine

Educationally Co-sponsored by:



Continuing Professional Development



illustration by Helen Tupper

To pay by credit card, please register online at: nsanesthesia.ca/slappc

To pay by cash or cheque, payable to DUDADF (Dalhousie University Dept. of Anesthesia Development Fund), please detach this registration form and return with your payment to:

Attn: Jessica Howe
QEII Health Sciences Centre
Pain Management Unit (4G)
4th Floor, Dickson Building
5820 University Ave, Halifax NS, B3H 1V7

Confirmation of registration will be provided by email only. Receipts will be enclosed in the conference package. Fees apply to individuals and may not be shared. A full refund less an administration fee of \$50.00 will be made for registrations cancelled in writing by Oct. 2, 2016. No refund will be made after that date.

Registration Information

Accommodation

The Prince George Hotel

1725 Market St. Halifax, NS, B3J 3N9 (902) 425-1986 | princegeorgehotel.com

A block of rooms for the Atlantic Pain Conference will be held at the rate of \$159.00 until Sept. 13, 2016 after which, it will increase to the best available rate of the day. Parking is available at \$3.50 per hour or \$22.00 daily. Nearby Scotia Square offers a rate of \$2.00 per 1/2 hour or maximum \$20.00

- Kirk Blanchard, DDS, Atlantic Dental Centre
- Jill Chorney PhD, RPsych, Dept of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University and Complex Pain Team, IWK Health Centre
- Darlene Davis, RN BScN MN, Department of Anesthesia, Pain Management & Perioperative Medicine, Nova Scotia Health Authority
- Jessie Dowell-Gullison, CHRP, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
- Mike Fleming, BSc MD CCFP FCFP, CPD, Dalhousie University
- David Flusk MD, BAO, BCh, Clinical Assistant Professor. Memorial University of Newfoundland. Department of Anaesthesia
- Katherine Harman, PT PhD, Physiotherapy, Dalhousie University
- Diane Harpell BSc (Pharm), MBA, Dalhousie Continuing Pharmacy Education
- Laura Harris Buffett, MEd, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
- Jessica Howe, Department of Anesthesia, Pain Management & Perioperative Medicine, Nova Scotia Health Authority
- Diane LaChapelle, PhD L, Psychology, University of New Brunswick
- Peter MacDougall PhD, MD, FRCPC, Dept of Anesthesia, Pain Management & Perioperative Medicine Nova Scotia Health Authority
- Karim Mukhida MD, PhD, FRCPC, Dept of Anesthesia, Pain Management & Perioperative Medicine Nova Scotia Health Authority
- Mary E. Lynch, MD FRCPC, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
- Stuart Wright MD, FRCPC, Pediatric Pain Management, IWK Health Centre

Educational Grants

This program was supported in part by educational grants provided by:



In keeping with CMA Guidelines program contents and selection of speakers are the responsibility of the planning committee. Support is directed toward the costs of the course and not to the individual speakers through an unrestricted educational grant.

Cover illustration by Helen Tupper

Please Check Applicable Fee

Fees	On or before Sept. 30	After Sept. 30
MD/DDS/DVS	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
Allied Health/RNs/Residents/Other	<input type="checkbox"/> \$150	<input type="checkbox"/> \$180
Students	<input type="checkbox"/> \$50	<input type="checkbox"/> \$70

Participant Contact Information

Name: _____

Email: _____

Tel: _____ Fax: _____

Mailing Address: _____

A complete and accurate mailing address is required for the income tax receipt.
Note: Confirmation of registration is email only. Provide participant's email address.

Planning Committee

Concurrent Session Selection (please rank in order of preference)

- 3:15 - 4:45**
- A ___ Child and Parent Risk Factors for Pediatric Acute and Chronic Post operative pain
- B ___ Self Compassion in the Management of Chronic Pain
- C ___ Appropriate Prescribing in Chronic Pain
- D ___ None
- 4:45 - 6:00**
- A ___ Medical Cannabis: A Workshop
- B ___ Management of Pain in Children
- C ___ The Evolving Role of Pharmacists in Management of Chronic Pain II
- D ___ None

Dietary Requirements:

Booklet Decline

I do not require a handout book for this program. In an attempt to balance concern for the environment and the value many participants attach to such material we offer the option to decline a syllabus booklet. Subject to speaker approval, most presentations will be available on the course website nsanesthesia.ca/slappc for a period of three months following the conference.

Payment

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Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University

Program

Overview

This program provides an update on pain management for family physicians, medical specialists and other health professionals who have an interest in assisting patients suffering with chronic pain.

The objective is to cover an intensive curriculum within a short period of time. The program will give the clinician an appreciation of the importance of taking an interdisciplinary approach as well as provide updates on key areas of pain management.

Topics

- Maximizing prevention of Chronic Pain after Surgery
- Hills, Hurdles and Obstacles a Chronic Pain Sufferer must know
- Update on Spinal Pain
- Assisted Death in End of Life Care
- Child and Parent Risk Factors for Pediatric Acute and Chronic Post Operative Pain
- Self Compassion in the Management of Chronic Pain
- Appropriate Prescribing in Chronic Pain
- Medical Cannabis: A Workshop
- Management of Pain in Children
- The Evolving Role of Pharmacists in Management of Chronic Pain II

Study Credits

As an accredited provider, Dalhousie University, CPD designates this continuing medical education activity for up to 8.75 credit hours for MAINPRO M-1 of the College of Family Physicians of Canada and as an accredited group learning Section 1 activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

CPE Dalhousie University, designates this continuing pharmacy education activity for 7.5 credit hours, file number CED 2016-290.

Speakers

Joel Katz PhD, CPsych
Department of Psychology, York University

Hance Clark MD, PhD, FRCPC
Department of Anesthesia and Pain Management, Toronto General Hospital

Aliza Weinrib PhD, CPsych
Department of Anesthesia, Toronto General Hospital & Toronto Western Hospital, University Health Network

Terry Bremner President - Chronic Pain Association of Canada, Chair - Action Atlantic Pain Society

Karim Mukhida MD, PhD, FRCPC
Dept of Anesthesia, Pain Management & Perioperative Medicine, Nova Scotia Health Authority

Rob Horton MD, CCFP
Department of Palliative Medicine, Nova Scotia Health Authority

Jocelyn Downie SJD, FRSC, FCAHS
University Research Professor, Faculties of Law & Medicine, Dalhousie University

David Henderson MD, CCFP(PC)
Colchester East Hants Palliative Care Service, Nova Scotia Health Authority

Kristen Higgins
Research Student, Pediatric Pain Research, IWK Health Centre

Mary McCarthy PhD
Psychologist, Pain Management, Nova Scotia Health Authority

Doug Cane PhD
Psychologist, Pain Management, Nova Scotia Health Authority

John Fraser MD
Pain Management Unit, Nova Scotia Health Authority

Peter MacDougall PhD, MD, FRCPC
Dept of Anesthesia, Pain Management & Perioperative Medicine Nova Scotia Health Authority

Stewart Cameron MD, CCFP, FCFP, MAED
Associate Professor, Family Medicine, Dalhousie University

Stuart Wright MD, FRCPC
Pediatric Pain Management, IWK Health Centre

Shelley Lowther RN, MN
Clinical Nurse Specialist, Pain Management Service IWK Health Centre

Lisa Nodwell BSc, Pharm, ACPR
Clinical Pharmacist, Nova Scotia Health Authority

Michael MacNeil PharmD, ACPR
Clinical Pharmacist, Nova Scotia Health Authority

Information

Conference Coordinator
Jessica Howe
Department of Anesthesia, Pain Management & Perioperative Medicine
jessica.howe@nshealth.ca
(902) 473-6428

Friday, October 14, 2016

- 7:00 - 8:00 **Registration and Breakfast**
8:00 - 8:15 **Welcoming Remarks, Introduction and Overview**
- Dr. Mary Lynch

Morning Session Chair - Dr. Kwesi Kwofie

- 8:15 - 9:45 **Maximizing Prevention of Chronic Pain after Surgery** - Panel from the Toronto Transition Pain Service
- Dr. Joel Katz, Dr. Hance Clarke and Dr. Aliza Weinrib

9:45 - 10:15 **Stretch Break**

- 10:15 - 11:30 **Hills, Hurdles and Obstacles a Chronic Pain Sufferer must know**
- Terry Bremner with facilitators from around Atlantic Provinces

- 11:30 - 12:30 **Update on Spinal Pain**
- Dr. Karim Mukhida

12:30 - 1:30 **Lunch**

Afternoon Session Chair - Dr. Ron George

- 1:30 - 3:00 **Assisted Death in End of Life Care**
- Dr. Rob Horton, Dr. Jocelyn Downie and Dr. David Henderson

3:00 - 3:15 **Break**

Concurrent Sessions

- 3:15 - 4:45
- Child and parent risk factors for pediatric acute and chronic post operative pain:**
- Dr. Joel Katz and Kristen Higgins
Aim of session to present a set of practical suggestions to clinicians on the front lines that they can put into practice to help kids to be at lower risk.
 - Self Compassion in the management of chronic pain**
- Dr. Mary McCarthy and Dr. Doug Cane
 - Appropriate Prescribing in Chronic Pain:**
- Dr. John Fraser and Dr. Peter MacDougall:
back by popular demand
- 4:45 - 6:00
- Medical Cannabis: a workshop**
- Dr. Stewart Cameron
 - Management of Pain in Children:**
- Dr. Stuart Wright and Shelley Lowther
 - The Evolving Role of Pharmacists in Management of Chronic Pain II**
- Lisa Nodwell and Michael MacNeil: back by popular demand